

UNIVERSITY HOSPITALS PRIMARY CARE INSTITUTE
2018 Wellness Symposium

CONTINUING MEDICAL EDUCATION



SATURDAY, MARCH 3, 2018

Corporate College East
4400 Richmond Road
Warrensville Heights, Ohio 44128

PRESENTED BY:



SPONSORED BY:



LEARNING OBJECTIVES

After attending this program, participants will be able to:

- Identify various skin diseases and apply appropriate guidelines for treatment
- Apply the Diabetes Care Guidelines and implement diagnosis and treatment strategies
- Assess a patient for COPD; optimize therapy to reduce symptoms and enhance functionality; and, minimize preventable complications and morbidity
- Describe the appropriate workup that should be done in order to quickly and accurately diagnose dementia
- Develop strategies for diagnosing and managing patients with arthritis
- Identify the five keys to optimal wellness, weight loss and disease prevention

WHO SHOULD ATTEND

This event is designed for healthcare providers of primary care services, including physicians, nurse practitioners and physician assistants (APPs).

EDUCATIONAL DESIGN AND METHODOLOGY

The program will consist of didactic lectures followed by a question and answer session and panel discussion.

ACCREDITATION STATEMENT

Physicians

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 4.25 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Family Physicians

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

AOA

CME activities approved for AAFP credit are recognized by the AOA as equivalent to AOA Category 2 credit.

Nurses and Physician Assistants

The American Nurses Credentialing Center (ANCC) and the American Academy of Physician Assistants (AAPA) accept *AMA PRA Category 1 Credits*[™] toward recertification requirements.

POLICY DISCLOSURE

The policy of Case Western Reserve University School of Medicine CME Program requires that the Activity Director, planning committee members and all activity faculty (that is, anyone in a position to control the content of the education activity) disclose to the activity participants all relevant financial relationships with commercial interests. Disclosure will be made to activity participants prior to the commencement of the activity. Case Western Reserve University School of Medicine CME Program also requires that faculty make clinical recommendations based on the best available scientific evidence and that faculty identify any discussion of "off-label" or investigational use of pharmaceutical products or medical devices.

PROGRAM AGENDA

Saturday, March 3, 2018

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|------------|--|
| 7:30 a.m. | Registration and continental breakfast |
| 7:55 a.m. | Welcome and Introduction
Roy Buchinsky, MD; Todd Zeiger, MD |
| 8:00 a.m. | Diabetes: 2018 Guideline Update for the Primary Practitioner
Stephen Burgun, MD |
| 8:30 a.m. | Update of UH Diabetes Self-Management
Education Resources for Patients
Gwen Smith, CNP |
| 8:45 a.m. | My Achy Breaky Joints: A Practical Approach to Diagnosis
and Management of Common Arthritis Problems
Richard L. Stein, MD |
| 9:15 a.m. | Keynote: Self Care – The Five Keys to Optimal Wellness,
Weight Loss and Disease Prevention
Tom Rifai, MD |
| 10:15 a.m. | Break |
| 10:30 a.m. | COPD: Helping Me Diagnose and Helping
My Patients Breathe Easier and Live Longer
David Rosenberg, MD |
| 11:00 a.m. | From Acne to Zoster – Practical Dermatology:
Basic and Advanced Topics for Primary Care
Margaret Bobonich, CNP, DNP |
| 11:30 a.m. | Not all Forgetfulness is Alzheimer's: An Approach to
Prevention, Diagnosis and Treatment of Dementia Disorders
Brian Appleby, MD |
| 12 p.m. | Panel Discussion
Conference Faculty |
| 12:30 p.m. | Conference Adjourns |

SPEAKERS

KEYNOTE SPEAKER

Tom Rifai, MD

Regional Medical Director
Metabolic Health and Weight Management
Henry Ford Health System

Dr. Rifai is a Fellow of the American College of Physicians, certified in Lifestyle Medicine and Internal Medicine. He is a former president of the National Board of Physician Nutrition Specialists and founder of wellness company Reality Meets Science LLC. He is well recognized in the areas of lifestyle and medical management of type 2 diabetes, dyslipidemia and weight control and course director for Harvard Medical School's online Lifestyle Medicine CME course "Nutrition and the Metabolic Syndrome".

Brian Appleby, MD

Departments of Neurology & Psychiatry,
UH Cleveland Medical Center
Associate Professor of Neurology & Psychiatry,
Case Western Reserve University
School of Medicine

Margaret Bobonich, CNP, DNP

Department of Dermatology,
UH Concord Health Center
Instructor of Dermatology,
Case Western Reserve University
School of Medicine
Assistant Professor of Dermatology,
Case Western Reserve University
Francis Payne Bolton School of Nursing

Roy Buchinsky, MD

Director of Wellness
UH Primary Care Institute
Senior Clinical Instructor of Medicine
Case Western Reserve University
School of Medicine

Stephen Burgun, MD

Chief, Division of Endocrinology
UH Ahuja Medical Center
Medical Director, Endocrinology
UH Geauga Medical Center
Clinical Assistant Professor of Medicine
Case Western Reserve University
School of Medicine

David Rosenberg, MD, MPH

Division of Pulmonary Disease
UH Ahuja Medical Center
Assistant Clinical Professor of Medicine
Case Western Reserve University
School of Medicine

Gwen Smith, CNP

Diabetes Educator
UH Internal Medicine Center

Richard L. Stein, MD

Division of Rheumatology
UH Cleveland Medical Center
Assistant Clinical Professor of Medicine
Case Western Reserve University
School of Medicine

Todd Zeiger, MD

Medical Director, Special Projects
UH Primary Care Institute

REGISTRATION INFORMATION

Registration includes tuition, access to educational materials (available online) and continental breakfast. Registration fees are refundable if a participant cancels by February 22, 2018. No refunds will be made after February 22.

Persons with special needs who require additional assistance should call the CME Program at **216-983-1239** or **1-800-274-8263** not less than two weeks prior to the program.

WAYS TO REGISTER

1. Register online at <http://case.edu/medicine/cme/> with your credit card.
2. Mail the registration form with your check payable to Case Western Reserve University or credit card number to:
Registrar, Continuing Medical Education Program
10524 Euclid Avenue
Cleveland, Ohio 44106-6026
3. Fax the form with your credit card number to **216-844-8133**
4. Call **216-983-1239** or **1-800-274-8263** with the information requested on the following page and your credit card number.

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CONTINUING MEDICAL EDUCATION

UNIVERSITY HOSPITALS PRIMARY CARE INSTITUTE 2018 WELLNESS SYMPOSIUM

Name

Degree

Social Security number (last 4 digits)

Business phone

Mailing address

City, State ZIP

Email

TUITION (CIRCLE ONE):

	Prior to January 31, 2018	After February 1, 2018
Physicians	\$45	\$55
Residents/Fellows	\$0	\$0
Non-Physicians	\$0	\$0

METHOD OF PAYMENT

- Enclosed is my check payable to: **Case Western Reserve University**
 Visa MasterCard Discover Card

Card number

Expiration date

Security code on back

Amount paid

Authorized signature

Register online at <http://case.edu/medicine/cme/>
Additional CME information at UHDoctor.org/Continuing-Medical-Education